

P.A.R.C. *Urology*

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Preoperative Instructions

Your surgery start time will be finalized approximately 2 days before surgery, and you will be notified at that time. Your check in time is at least 1.5 hours before the surgery start time in order to prepare the patient for surgery. It is very important that you arrive on time. The anesthesiologist will call you the afternoon or evening before surgery to discuss the anesthesia plan and answer any questions you might have at that time. For the safety of the patient, it is very important to follow the dietary instructions below.

If you/your child is going home the day of surgery, you will be given instructions about diet, activities, and medications, and you/your child can go home after he/she has been discharged by the anesthesiologist and can drink some liquids. Usually this is within a few hours after surgery.

If you/your child is staying overnight, there is a fold-out bed for a loved one. All children will need at least one parent to be with the child at all times. You might wish to bring a favorite blanket, pillow, etc.

Dietary Instructions

For infants less than 2 years old:

Your baby can have formula or food up until 6 hours before surgery. You can give breastmilk up until 4 hours before surgery. Your baby can have clear liquids, such as water, apple juice, or Pedialyte, up until 2 hours before surgery.

For children aged 2-10 years:

Your child can have food up until 6 hours before surgery. You can give clear liquids, such as water, apple juice, or Gatorade, up until 2 hours before surgery. Milk and juices with pulp in them, such as orange juice, must be stopped 6 hours before surgery.

For patients 10 years and older:

Food and liquids should be stopped 6 hours before surgery. If you currently take medications, check with your anesthesiologist about which medications to take on the day of surgery when they call you the evening before surgery.

Hospital Operating Room Contact Information

Forest Park Medical Center Frisco
5500 Frisco Square Blvd.
Frisco, TX 75034
General questions 214-618-0500
Insurance/billing 214-618-0502
Preoperative questions 469-269-1700

Texas Health Resources Presbyterian Hospital Plano
6200 West Parker Rd.
Plano, TX 75093
General questions 972-981-8000
Insurance/billing 972-981-3257
Preoperative questions 972-981-8074

The Medical Center of Plano
3901 W. 15th St.
Plano, TX 75075
General questions 972-596-6800
Insurance/billing 866-656-8776
Preoperative questions 972-519-1509

Medical City Dallas Children's Hospital
7777 Forest Ln.
Dallas, TX 75230
General questions 972-566-7000
Insurance/billing 972-566-7100
Preoperative questions 972-566-7000

Cook Children's Plano Pediatric Surgery Center
7000 West Plano Pkwy., #100
Plano, TX 75093
General questions 972-300-0215
Insurance/billing 682-885-2965
Preoperative questions 682-885-4022